

FRPMC TO HOLD INAUGURAL CONVOCATION

Fazaia Ruth Pfau Medical College (FRPMC) will hold its inaugural convocation on Tuesday, May 27, 2025, at the College Auditorium, PAF Base Faisal. The ceremony will be attended by over 500 guests, including senior medical professionals, academic leaders, and invited dignitaries.

The event will commemorate the graduation of the college's first cohort, acknowledge academic distinction, and reaffirm FRPMC's commitment to advancing medical education.

Commenting on the occasion, Principal, Prof. Masood Ahmed said,



"This inaugural convocation is a moment of fulfillment, reflecting the dedication of our faculty, staff, and the continued support of Air University. I look forward to the event with a sense of pride and appreciation."

6TH WHITE COAT CEREMONY HELD AT FRPMC

Congratulating juniors on their academic perseverance and dedication, Fazaia Ruth Pfau Medical College held a 6th annual White Coat Ceremony of the 6th batch of MBBS on Tuesday Feb. 25, 2025.

The event celebrated students' entry into health profession programs. Before receiving their official white coats, which they will wear throughout their time at FRPMC. The College Principal, Prof. Masood Ahmed, along with Chief Guest Air Vice Marshal Aamir Shahzad and Guest of Honor, Principal FMC, Maj. Gen. Muhammad Tahir Khadim, addressed the gathering.

The students were acknowledged for their achievement and welcomed into



The students were acknowledged for their achievement and welcomed into the College. As part of the ceremony, they took their oath under the guidance of the Vice Principal, reaffirming their commitment to the ethics and responsibilities of the healthcare profession.

Air Vice Marshal Aamir Shahzad Decorates White Coats to Students

Welcoming the students, the Guest of Honor emphasized that FRPMC is fully equipped with all the necessary resources to help them achieve their goals. He encouraged them to make the most of this opportunity by refining their skills and embracing technology. He stressed upon the fact that while skills and technologies may evolve, a health-care professional's attitude toward patients is irreplaceable.

The Chief Guest expressed that this is a proud moment for everyone. He reminded students that they now have a purpose in life—to serve humanity. His message was clear: work hard, always aim high, and, Insha Allah, success will follow.



Prof. Masood highlighted the college's achievements, including a successful conference at FRPMC and skill-enhancing workshops. Beyond academics, students can learn a lot from the sports and social activities that take place regularly at the college. Reassuring students, he affirmed the faculty's support in guiding and mentoring them.

High-achieving students, Sana and Fatima, shared their experiences and words of encouragement with the newcomers. The event was also graced by esteemed invited faculty, including Dr. Khalid Ahmed (Principal, Baqai Medical College), Dr. Atif Hafeez Siddiqui (Prof. of ENT & President of Pakistan Society of ENT, DUSH), Dr. Muhammad Fareeduddin (Chairperson of the Department of Pediatrics, IHNN), Dr. Shabina Ariff (Prof. of Neonatology, AKU), Dr. Ahmed Masood Umer (Prof. of Orthopedic, AKU) and Dr. Faisal Ghani Siddiqui (Surgery, DUSH).



PRE-CONFERENCE HANDS-ON WORKSHOP AT FRPMC

Ahead of the 6th PSIM Annual Conference, the Department of Medicine, FRPMC, conducted a hands-on Simulation-Based Workshop on January 31, 2025, to enhance clinical skills and patient safety.

The session, led by Prof. Tahir Ansari, Prof. Saera Suhail Kidwai, Dr.

Fatima Zahra, and Prof. Rukhsana Abdul Sattar, provided postgraduate and undergraduate trainees with real-time case simulations, equipping them with the latest practical guidelines for safe medical practice.



WORKSHOP ON INTERPROFESSIONAL TEAM BUILDING HELD AT FRPMC

On September 29, 2024, FRPMC hosted a successful workshop on "Inter-professional Team Building in the One Health Landscape through Gamification." The event featured how gamification can enhance students' learning in clinical setting, particularly in clinical reasoning.

The workshop was a collaborative effort involving final-year MBBS students, faculty, and medical experts from various institutions, bringing up valuable discussions and teamwork. The main facilitators were, Professor Aun Ali from FRPMC, Dr. Shaur and Dr. Rabia Aftab from AKU.



SIMULATION WEEK AT FRPMC: A BOOST FOR STUDENT SKILLS

September 18, 2024 - FRPMC commenced its much-anticipated Simulation Week at the Skill Lab, designed for both undergraduate and postgraduate students. This program features a variety of hands-on activities aimed at providing practical experience under the guidance of experienced faculty.



FRPMC HOSTS HANDS-ON WORKSHOP ON COSMETIC SUTURING TECHNIQUES

September 25, 2024 - A hands-on training workshop on Cosmetic Suturing Techniques conducted at FRPMC, led by Dr. Hassan Ali, a plastic reconstructive and aesthetic surgeon from UAE.

Participants learned the key principles of suturing for closing surgical wounds, use of appropriate instruments and suture materials.

Additionally, they practiced various suturing techniques for different wound types, knot tying and methods for achieving optimal healing and cosmetic outcomes.



FRPMC HOSTS SOGP PRE-CONFERENCE WORKSHOP

February 26, 2025 — As part of the SOGP National Conference, a pre-conference workshop titled "A Guide to Contraception: Safe Choices for All" was held at FRPMC. Facilitated by faculty of the Gynaecology Department, FRPMC, the session offered hands-on IUCD and Jadelle training, and focused on contraception use, side effects, and personalized counseling for clinical scenarios.



HANDS-ON SESSION OF SAARC ENT CONFERENCE HELD AT FRPMC

Faculty from Temple Head & Neck Institute USA Trains the Surgeons

As part of the 13th SAARC ENT Congress (December 6-8, 2024), a Hands-On Laryngotracheal Reconstruction and Phonosurgery Workshop was held on December 9, 2024, at Fazaia Ruth Pfau Medical College (FRPMC).

The workshop, led by Course Director Dr. Maisam Abbas and coordinated by Dr. Col. Aasim Abbas and Dr. Qazi Faraz, provided participants with advanced surgical training. Otolaryngologist Dr. Ahmed M.S. Soliman, Director of Temple Head & Neck Institute, USA shared his expertise and provided hands-on training in laryngotracheal reconstruction and phonosurgery techniques.



FRPMC CONDUCTS SKILL ENHANCEMENT WORKSHOP FOR NURSING TRAINEES

18-22 March 2025, The Skill Lab of FRPMC organized a five-day training program for nursing students, focusing on hands-on learning for BScN and Post-RN students. The purpose of the workshop was to enhance practical skills in fundamental nursing procedures, patient care techniques, and professional communication.



WORLD COPD DAY OBSERVED AT FRPMC

To mark World COPD Day 2024, themed "Know Your Lung Function," the Department of Pulmonology at FRPMC organized an awareness program on Monday, 16th December.

The guest speaker for the event was Prof. Dr. Javed A. Khan from Aga Khan University Hospital. He was joined by Prof. Dr. Nisar Rao, HOD Pulmonology, and Prof. Dr. Zahid A. Rao, HOD Anesthesia, FRPMC.



FRPMC OBSERVES WORLD MENTAL HEALTH DAY

On October 22, FRPMC marked World Mental Health Day with an insightful panel discussion organized by the Psychiatry Department, addressing the causes of mental health issues in the workplace. The session focused on critical topics such as gaslighting, discrimination, recognition as a motivational factor, and the impact of limited career growth and inconsistent promotion practices on mental well-being.

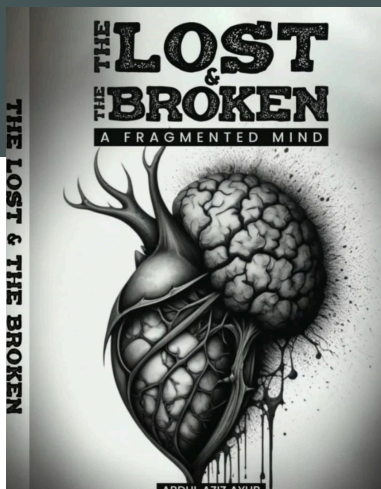
Panelists included Dr. Iqtidar Taufiq from Liaquat National Hospital & Medical College, Prof. Chooni Lal from Jinnah Postgraduate Medical Centre, and Prof. Raza-ur-Rehman from Hamdard Medical College.



FRPMC LECTURER PUBLISHES DEBUT PSYCHOLOGICAL THRILLER

Dr. Abdul Aziz Ayub, Lecturer in Physiology at FRPMC, has published his debut psychological thriller "The Lost & The Broken: A Fragmented Mind". Following his passion for writing, he explores the complexities of the human mind in this gripping novel. The novel delves into themes of trauma, identity, and the fragile nature of reality, offering readers a hauntingly immersive experience.

Do check it out and give it a read!



FRPMC MARKS BRAIN AWARENESS WEEK WITH PUBLIC CAMPAIGN EVENT GENEROUSLY SUPPORTED BY IBRO AND DANA FOUNDATION

Fazaia Ruth Pfau Medical College (FRPMC) observed Brain Awareness Week from March 10 to 16, 2025, aligning with a global campaign supported by the International Brain Research Organization (IBRO) and the Dana Foundation, USA.

INTERNATIONAL BRAIN
IBRO
RESEARCH ORGANIZATION

Dana
Foundation

These sessions were tailored for school students and focused on the brain's structure and function, the importance of mental health, and strategies for cognitive wellness.



The weeklong campaign highlighted the wonders of the brain and its impact on everyday life, aiming to raise awareness about brain health, neuroscience, and mental well-being.

As part of this outreach effort, FRPMC

faculty and final-year medical students conducted interactive sessions across various schools in Karachi, including Fazaia Degree College Faisal, Saleem Nawaz Fazaia College (PAF Masroor Base), Fazaia Intermediate College (PAF Base Korangi Creek), and Civil Aviation

Authority Model School.

Activities featured fun demonstrations, brain quizzes, and engaging discussions designed to spark curiosity and encourage a deeper interest in neuroscience among young learners.



INTERVENTIONAL CARDIOLOGIST FROM TEXAS TECH UNIVERSITY MEDICAL SCHOOL SPEAKS AT FRPMC

On December 26, 2024, Dr. Faisal Wahid, an interventional cardiologist from Texas Tech University Medical School, delivered an insightful lecture at FRPMC on "Myocardial Ischemia: How to Proceed."

With over 14 years of experience, Dr. Wahid specializes in diagnosing and treating structural heart conditions using catheter-based interventions. He holds double board certification in Internal Medicine and Cardiology and is actively engaged in research and clinical trials to advance the field.



During the session, Dr. Wahid shared updates on ongoing research, recent advancements, and future directions in interventional cardiology with the faculty and students.

MICHIGAN STATE UNIVERSITY PSYCHIATRIST SPEAKS AT FRPMC

On December 24, 2024, Dr. Farah Abbasi, Assistant Professor of Psychiatry at Michigan State University, led an interactive session at Fazaia Ruth Pfau Medical College on promoting mental well-being and combating stigma around mental illnesses.

Dr. Farah stressed the importance of mental health awareness, urged open dialogue, and dispelled myths about psychiatric care. She called for a supportive, stigma-free environment so people of all ages can prioritize their well-being. Despite growing awareness, stigma still deters many from seeking help.

